



Northville  
Track and Field

### **Running Events**

**4 x 800 relay**

**100/110 hurdles**

**100 dash**

**4 x 200 relay**

**1600 run**

**4 x 100 relay**

**400 dash**

**300 hurdles**

**800 dash**

**200 dash**

**3200 run**

**4 x 400 relay**

**\*\*Boys run first during even years / Girls run first during odd years**

### **Field Events**

**Shot Put**

**Discus**

**High Jump**

**Long Jump**

**Pole Vault**

### **ORDER OF FIELD EVENTS**

**EVEN YEARS:** Girls discus, pole vault and long jump first. (Followed by Boys discus, pole vault and long jump)

Boys shot put and high jump. (Followed by Girls shot put and high jump.)

**ODD YEARS:** Boys discus, pole vault and long jump first. (Followed by Girls discus, pole vault and long jump)

Girls shot put and high jump. (Followed by Boys shot put and high jump.)



Northville  
Track and Field