

Track & Field Camp Registration Form

Name: _____
Circle Events of Interest: **Sprints Distance Hurdles**
High Jump Long Jump Pole vault Shot put/disc
How did you hear about us: **NPS ListServ PE Teacher**
Social Media Elementary Meet Middle School Meet
Other: _____
City/State: _____
Grade: _____ Sex: M/F: _____ School: _____
Parents Name: _____
E-mail Address: _____
T-Shirt Size: YS YM YL S M L XL

Phone Number: _____

Emergency Contact: _____

Emergency Phone Number: _____

Insurance Company: _____

LIABILITY WAIVER & MEDICAL COVERAGE ACKNOWLEDGMENT
PLEASE READ AND SIGN BELOW: I certify that it is with my full knowledge and consent that my child, named above, may take part in the NHSTF Clinic June 24-27, 2024. I **RELEASE AND HOLD HARMLESS** on behalf of my child, myself, and our representatives, the Northville Public Schools, the NHSTF Program, their coaches, their volunteers, and their players from liability for injuries or damages which my child may sustain while participating in this activity even if the injuries or damages are caused by the sole negligence of the Northville Public Schools, the NHSTF Field Program, their coaches, their volunteers and their players. **I UNDERSTAND I AM RESPONSIBLE** for medical coverage.

Parent Signature: _____ Date: _____

Mail completed forms & payment to:

Northville High School
Attn: Tim Dalton NHS Track and Field
45700 W. Six Mile Road
Northville, Michigan 48168



CHECKS PAYABLE TO: Northville Public Schools

OR register online at: <https://northvilleschools.revtrak.net/rwyouthcamps/>

Questions? Contact Coach Tim Dalton at:
Daltoni@NorthvilleSchools.org

CAMP GOALS

The purpose of this camp is to provide high quality, individual instruction in the sport of track and field. Everything is designed to instruct and motivate athletes through entertaining training sessions, games, and fun activities! In addition to a variety of successful coaches, a number of current NHSTF student-athletes and NHSTF alumni currently competing at the collegiate level will be on hand serving as camp counselors. **The most important takeaway is to have FUN!**

COST & REGISTRATION

The Northville Track and Field camp is open to male and female students in next year's 3rd-9th grades. ****The camp will be held at the Northville High School Track & Field Complex**

Monday June 24th – Thursday June 27th
9:00 am – 12:00

- **Monday:** Sprints, distance, relays, shot put/discus
- **Tuesday:** Sprints, distance, relays, hurdles
- **Wednesday:** Sprints, distance, relays, pole vault
- **Thursday:** Sprints, distance, relays, high jump, long jump

COST

- **\$100** early registration (by May 31st)
- **\$70** for 2 days of camp only
- **Days:** _____
- **\$125** late registration or walk-ins
***T-shirt not guaranteed for late/walk-in registration

NORTHVILLE TRACK & FIELD



2024 TRACK & FIELD CAMP



Northville
Track and Field

OPEN TO NEXT YEAR'S 3rd-9th Graders!

Sprints & Distance /Hurdles/Throws/Jumps

June 24th-27th, 2024

****At NORTHVILLE HIGH SCHOOL!****



www.RunNorthville.com

@RunNorthville

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Northville Track & Field and Cross Country



CAMP DIRECTORS & COACHES

TIM DALTON –CAMP DIRECTOR/Head Coach



In his 12th season as head coach, Tim Dalton was named MITCA Coach of the Year in 2023, 2022 and 2014. He also serves as the head boys cross country coach at NHS. Northville has produced multiple division, conference, regional & state championships under Dalton.

JACK DALTON –CAMP DIRECTOR/Asst. Coach



Jack Dalton is in his 12th season as an assistant track & field coach at Northville. His duties are focused on mid-distance, distance, and relays. Dalton also coaches the NHS boys cross country team.

KAYTEE BELLOWS – CAMP HURDLE COACH



Kaytee is a former sprint and hurdle coach at Northville and also served as head track coach at Ann Arbor Huron High School.

TOM BROWN – SPRINTS/ JUMPS COACH



Tom Brown has over 20 years of experience coaching track and field at Northville. He has coached, in some capacity, every event!

ARIC SPOTTS – POLE VAULT COACH



Aric is in his 3rd season coaching the pole vaulters at Northville. Aric is a former vaulter and has a passion for coaching.

TRAIN THE MUSTANG WAY!

Learn from the NHSTF coaching staff, current student athletes, and NHSTF alumni currently competing in the NCAA. Learn from a program who has won 11 straight Regional Championships!

- Sprints, distance, relays, hurdles, long jump, high jump, pole vault, shot put, and discus
- Interactive learning technique sessions
- Competition strategy
- Proper nutrition



-Past NHS Youth T&F Campers!



-2023 Boys and girls Regional Champs!

COACHES CONT.

EMILY GORDON – ASSISTANT COACH



Emily is in her 2nd year coaching at NHS. She is a Northville graduate and former All-State runner. Emily currently attends Wayne State and is a member of their Track & Field and Cross Country teams.

PATRICK LONG – THROWS COACH



Patrick is in his 6th year coaching the NHSTF program. Patrick is an NHSTF alum who threw the shot and disc for the Mustangs.

COLIN RILEY – ASSISTANT COACH



Colin is a NHS graduate and ran on the club running team at MSU. Riley also coaches the NHS girls cross country team.

CLARE MCNAMARA – CAMP COACH



Clare is a current multi-event athlete at the University of Michigan and Northville graduate. She brings experience, knowledge and passion to track and field!

CHERYL JEFFRIES – HIGH JUMP COACH



Cheryl is in her 2nd season as the high jump coach at Northville. She brings over 20 years of experience coaching track and field!

MELA SALAH – ASSISTANT COACH



Mela is in her 2nd season coaching the pole vaulters at Northville. Aric is a former vaulter and has a passion for coaching.



39737 Traditions Dr.
Northville, MI 48168